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Article

IOT-ENABLED CONDITION MONITORING IN POWER DISTRIBUTION SYSTEMS: A REVIEW OF SCADA-BASED AUTOMATION, REAL-TIME DATA ANALYTICS, AND CYBER-PHYSICAL SECURITY CHALLENGES

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### **ABSTRACT**

The evolution of modern power distribution systems has been profoundly influenced by the rapid integration of Internet of Things (IoT) technologies, which enable advanced condition monitoring, enhance operational visibility, and facilitate early fault detection across critical infrastructure. This systematic review investigates the multifaceted role of IoT in transforming conventional Supervisory Control and Data Acquisition (SCADA) systems into intelligent, interoperable platforms that support automation, real-time analytics, and adaptive control within power distribution networks. Emphasis is placed on understanding how IoT-enabled frameworks leverage embedded sensor networks, communication protocols, and distributed computing to improve the resilience, efficiency, and responsiveness of electrical grids. By incorporating diverse sensor modalities—monitoring parameters such as voltage, temperature, current, and vibration—utilities can shift from periodic inspections to continuous, data-driven monitoring paradigms that offer real-time insights into equipment health and network performance. Recent advancements in machine learning and artificial intelligence have enabled utilities to deploy predictive models that analyze historical and real-time data to forecast failures, optimize maintenance schedules, and reduce operational costs. These data-driven models are increasingly embedded into SCADA dashboards and human-machine interfaces (HMIs), empowering operators with enhanced decision support tools and dynamic visualizations. The review further evaluates how real-time analytics platforms—such as Apache Spark and Flink—are integrated into the energy sector to support fast data processing, anomaly detection, and system optimization in both centralized and decentralized grid contexts. In addition to technological benefits, the review also addresses the growing concerns related to cyber-physical security in IoT-intensive power distribution systems. This study synthesizes key findings from literature on cryptographic techniques, intrusion detection systems, secure communication protocols, and regulatory compliance frameworks such as IEC 62443 and NERC CIP. The analysis underscores the imperative of embedding cybersecurity as a core design principle in smart grid development. Ultimately, this review offers a comprehensive synthesis of scholarly advancements, identifies unresolved challenges, and proposes future research directions to guide utility engineers, system designers, and policymakers in developing secure, scalable, and intelligent power distribution infrastructures capable of supporting the transition to sustainable energy systems.

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# **KEYWORDS**

loT-enabled monitoring; SCADA automation; Real-time data analytics; Cyber-physical security; Power distribution systems

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#### INTRODUCTION

The integration of the Internet of Things (IoT) into power distribution systems marks a transformative shift in the field of electrical engineering and energy management (Bedi et al., 2018). IoT-enabled condition monitoring leverages a network of interconnected sensors, actuators, edge devices, and cloud-based analytics to monitor the real-time status of electrical infrastructure, such as substations, transformers, and circuit breakers (Didimo et al., 2018). This data-centric approach enables utilities to proactively detect faults, reduce unplanned outages, and optimize maintenance schedules, significantly enhancing the efficiency and reliability of power delivery systems (Kim et al., 2017). At the core of this evolution is the modernization of Supervisory Control and Data Acquisition (SCADA) systems, which traditionally operated in closed-loop environments with limited real-time capabilities. The convergence of SCADA systems with IoT technologies enhances visibility across distributed assets, facilitates faster decision-making, and supports adaptive control measures required in increasingly complex electrical grids (Kotsiopoulos et al., 2021). SCADA systems have long been foundational to automation in power networks, providing centralized monitoring and control capabilities over critical infrastructure components. However, legacy SCADA platforms were typically siloed and lacked the ability to interface dynamically with modern digital ecosystems. With the advent of IoT, SCADA systems are transitioning into more intelligent and interoperable platforms capable of seamless integration with external applications, such as Geographic Information Systems (GIS), Advanced Metering Infrastructure (AMI), and Distributed Energy Resource Management Systems (DERMS). This integration allows for the real-time collection and processing of high-resolution data, leading to improved fault localization, event logging, and remote device management (Liu et al., 2012). IoT-driven SCADA architectures also support bi-directional communication, enabling dynamic load balancing and the efficient integration of renewable energy sources into the grid (Motlagh et al., 2020). As a result, utilities are better equipped to manage supply-demand imbalances, enhance energy quality, and comply with sustainability mandates.

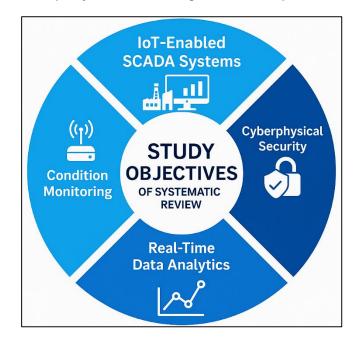


Figure 1: Core Study Objectives in IoT-Integrated SCADA Systems for Power Distribution

The role of real-time data analytics within IoT-enhanced SCADA systems is particularly pivotal in fostering predictive and condition-based maintenance. By applying machine learning algorithms and stream processing techniques to sensor data, utilities can forecast component failures, assess asset health, and prioritize maintenance efforts with greater precision. This proactive maintenance strategy reduces the frequency and duration of power outages, lowers repair costs, and extends the operational life of equipment (Andoni et al., 2019). Moreover, real-time analytics facilitate more accurate demand forecasting, load profiling, and voltage optimization, which are essential for achieving operational resilience and energy efficiency in modern grid infrastructures (Stellios et al., 2018). The ability to derive actionable insights from continuous data streams empowers utilities to

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transition from reactive to predictive grid management, aligning technical operations with evolving customer expectations and regulatory standards. However, the proliferation of IoT devices in SCADA-based power distribution systems introduces substantial cyber-physical security risks. The increased attack surface created by interconnected sensors and devices makes these systems more vulnerable to unauthorized access, data tampering, denial-of-service attacks, and malware intrusions (Sequeiros et al., 2020). Ensuring the cybersecurity of IoT-enabled power infrastructure requires a multilayered defense strategy that encompasses data encryption, robust authentication protocols, endpoint security, and continuous network monitoring (Saleem et al., 2019). Furthermore, intrusion detection systems (IDS) powered by artificial intelligence are gaining traction as tools to identify anomalous behavior and preemptively respond to potential threats (Motlagh et al., 2020). The development and adoption of international cybersecurity standards, such as IEC 62443 and NIST 800-82, are critical for harmonizing best practices and ensuring the secure deployment of these advanced systems across diverse jurisdictions and operational environments.

Globally, the integration of IoT and SCADA technologies is viewed as a cornerstone in the transition toward smarter, more sustainable electrical grids. Nations are increasingly investing in smart grid infrastructure to accommodate decentralized energy generation, electric vehicle integration, and rising energy consumption driven by urbanization and digitalization. IoT technologies provide the digital backbone necessary for real-time monitoring, demand-side management, and adaptive control mechanisms, which are vital for achieving grid reliability and energy equity (Ronen et al., 2016). As the energy sector continues to evolve under the pressures of climate change and resource constraints, understanding the technological, analytical, and security dimensions of IoT-enabled SCADA systems becomes imperative. This systematic review thus aims to synthesize scholarly literature addressing these dimensions—technological architecture, real-time analytics, and cybersecurity frameworks—to provide a cohesive academic foundation for guiding future research, policy formulation, and practical implementation within the global energy landscape.

The primary objective of this systematic literature review is to critically examine and synthesize scholarly research on the integration of Internet of Things (IoT) technologies within power distribution systems, with a particular focus on SCADA-based automation, real-time analytics, and cyberphysical system security. Specifically, the review aims to explore how IoT-enabled condition monitoring enhances operational efficiency, supports predictive maintenance, and facilitates dynamic decision-making across distributed arid infrastructures. A key goal is to evaluate the architectural components—such as sensor networks, communication protocols, and edge computing nodes—that underpin IoT-SCADA convergence. Furthermore, this study seeks to identify and categorize the machine learning and data processing models used to analyze real-time grid data for fault detection and load forecasting. In addressing the increasing interconnectivity of these systems, the review also critically investigates the cybersecurity challenges introduced by IoT integration, including threat vectors, vulnerability points, and mitigation mechanisms. By organizing the findings into thematic domains and comparing implementation practices across diverse geographic and technical contexts, this review aspires to provide a comprehensive foundation for future research, practical deployment, and policy development aimed at building secure, intelligent, and resilient power distribution systems.

# LITERATURE REVIEW

The proliferation of Internet of Things (IoT) technologies has catalyzed transformative shifts in the monitoring, automation, and security of power distribution systems. As power grids evolve into complex cyber-physical systems, the scholarly community has responded with a growing corpus of research addressing the implementation of IoT-driven condition monitoring frameworks, the integration of Supervisory Control and Data Acquisition (SCADA) systems, the deployment of real-time analytics, and the emergent risks posed by cybersecurity threats. This literature review consolidates and categorizes findings across these thematic domains to provide a critical and structured synthesis of key advancements, methodologies, and research gaps. The purpose of this section is not only to map the intellectual landscape but also to identify overlapping concerns and synergistic opportunities within the interdisciplinary domains of electrical engineering, computer science, and information systems. The literature is examined from multiple dimensions: the foundational technologies enabling IoT-based condition monitoring, the architecture and evolution of SCADA in grid environments, the role of big data and real-time analytics in operational decision-making, and the cyber-physical security frameworks developed to safeguard distributed energy

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infrastructures. Special attention is given to empirical studies, simulation-based analyses, and theoretical models published in peer-reviewed journals, conference proceedings, and authoritative white papers. By dissecting the literature across these granular themes, this review aims to present a coherent and academically rigorous framework that informs both theoretical inquiry and practical application.

# Foundations of IoT in Power Distribution Systems

The Internet of Things (IoT) in electrical engineering encompasses a network of interconnected devices and systems that collect, transmit, and analyze data to enhance the monitoring, control, and optimization of electrical power systems. In the realm of power distribution, IoT facilitates real-time visibility into grid operations, enabling proactive maintenance, efficient energy management, and improved reliability (Khan & Zafar, 2021). This interconnected framework allows for seamless communication between various components of the power grid, including substations, transformers, and end-user devices, transforming traditional power systems into intelligent, responsive networks (Bahmanyar et al., 2017). The integration of IoT technologies into electrical engineering practices has been instrumental in addressing the growing complexity and demand within modern power distribution systems (Mishra & Rout, 2017). The deployment of IoT in power distribution systems relies heavily on a suite of enabling technologies. Sensors play a pivotal role by continuously monitoring parameters such as voltage, current, temperature, and equipment status, providing critical data for system analysis and decision-making (Parikh et al., 2013).

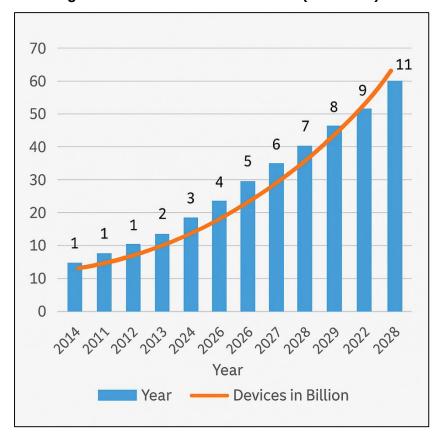


Figure 2:Global Growth of IoT Devices (2014–2028)

Actuators execute control commands to adjust system operations based on sensor inputs, facilitating automated responses to dynamic grid conditions (Rajpoot et al., 2020). Communication protocols like MQTT (Message Queuing Telemetry Transport), CoAP (Constrained Application Protocol), and 6LoWPAN (IPv6 over Low-Power Wireless Personal Area Networks) enable efficient data exchange between devices, ensuring timely and reliable information flow across the network (Estebsari et al., 2018). These technologies collectively enable the dynamic and automated management of power distribution systems, enhancing operational efficiency and resilience (Spalding et al., 2016). The implementation of loT in power distribution varies between urban and rural settings due to

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differences in infrastructure, population density, and resource availability. In urban areas, the high concentration of consumers and complex grid structures necessitate advanced IoT solutions for load balancing, outage management, and integration of distributed energy resources (Ku et al., 2020). Conversely, rural areas often face challenges such as limited connectivity and dispersed populations. Here, IoT deployments focus on cost-effective solutions like LoRa (Long Range) networks and solar-powered sensors to monitor and manage the grid efficiently (Le et al., 2018). These tailored approaches ensure that both urban and rural power distribution networks benefit from IoT advancements, addressing unique challenges and optimizing performance across diverse environments (Parikh et al., 2013). Interoperability is crucial for the seamless integration of diverse IoT devices and systems within power distribution networks. Standards and protocols like MQTT, CoAP, and 6LoWPAN are designed to address the unique requirements of IoT applications in power systems. MQTT is a lightweight messaging protocol ideal for low-bandwidth and high-latency networks, making it suitable for remote monitoring (Bahmanyar et al., 2017). CoAP is tailored for constrained devices and supports efficient communication in resource-limited environments (Rajpoot et al., 2020). 6LoWPAN enables IPv6 communication over low-power wireless networks, facilitating the integration of IoT devices into existing IP-based infrastructures (Spalding et al., 2016). Adherence to these standards ensures compatibility, scalability, and security across the IoT ecosystem in power distribution, promoting efficient and reliable grid operations (Ku et al., 2020).

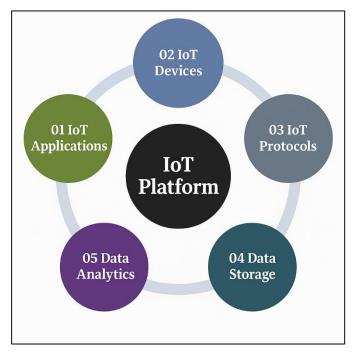


Figure 3: Core Components of an IoT Platform in Power Distribution Systems

### SCADA Systems and Their Evolution through IoT Integration

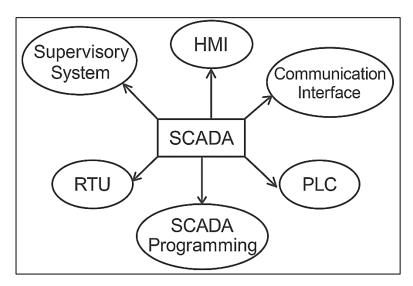
Classical Supervisory Control and Data Acquisition (SCADA) systems are integral to industrial automation, providing centralized monitoring and control over various processes. These systems comprise key components such as Remote Terminal Units (RTUs), Programmable Logic Controllers (PLCs), Human-Machine Interfaces (HMIs), and a centralized supervisory system. RTUs and PLCs are responsible for data acquisition and control at the field level, transmitting information to the central SCADA system for processing and decision-making (Aghenta & Iqbal, 2019). The HMI facilitates interaction between human operators and the system, allowing for real-time monitoring and control of processes (Sajid et al., 2016). Communication networks, often based on protocols like Modbus or DNP3, enable data exchange between components (Mo et al., 2014). These traditional architectures are designed for reliability and real-time performance but often lack flexibility and scalability, making integration with modern technologies challenging (Mo et al., 2014). The integration of Internet of Things (IoT) technologies into SCADA systems has revolutionized industrial automation, enhancing data acquisition, processing, and control capabilities. IoT-enabled SCADA systems leverage

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advanced sensors, edge computing, and cloud platforms to facilitate real-time data analytics and remote monitoring (Medrano et al., 2018). This modernization enables predictive maintenance, improved decision-making, and increased operational efficiency (Spalding et al., 2016; Medrano et al., 2018).

Data streaming platforms like Apache Kafka are employed to handle large volumes of data, ensuring scalability and low-latency communication (Jahan et al., 2022; Falco et al., 2018). The adoption of IoT layers in SCADA systems also supports the integration of heterogeneous devices and protocols, promoting interoperability and flexibility (Dhend & Chile, 2015; Hossen & Atiqur, 2022). However, this evolution introduces complexities related to cybersecurity, data management, and system integration, necessitating robust strategies to address these challenges (Grilo et al., 2014; Akter & Razzak, 2022). The implementation and upgrading of SCADA systems exhibit significant variations between developing and developed economies, influenced by factors such as infrastructure, investment capacity, and technological readiness. In developed countries, SCADA upgrades often focus on integrating advanced analytics, cloud computing, and IoT technologies to enhance system capabilities and efficiency (Qibria & Hossen, 2023; Igbal & Igbal, 2019). For instance, Vantage Data Centers implemented an Ignition Perspective system across multiple data centers in Europe, the Middle East, and Africa, achieving improved system control and operational excellence (Hossen et al., 2023; Shabani et al., 2014). Conversely, developing economies face challenges such as limited financial resources, inadequate infrastructure, and lack of technical expertise, which can hinder SCADA implementation and modernization (Almas et al., 2014; Noor Alam et al., 2023). A case study on the Karnataka Power Transmission Corporation Limited (KPTCL) in India highlighted the benefits of SCADA in improving grid reliability and operational efficiency, despite facing obstacles related to infrastructure and resource constraints (Merchan et al., 2017; Rajesh et al., 2023). These disparities underscore the need for tailored approaches to SCADA upgrades that consider the specific contexts and capabilities of different regions. Inductive AutomationMiddleware architectures play a crucial role in facilitating communication and interoperability between IoT devices and SCADA systems. These software layers act as intermediaries, managing data exchange, device integration, and protocol translation to ensure seamless interaction among heterogeneous components (Endi et al., 2010; Roksana, 2023). Open-source middleware platforms, such as those discussed by (Nasr & Yazdian-Varjani, 2018; Tonmoy & Arifur, 2023), provide scalable and secure solutions for integrating IoT devices with SCADA systems, supporting features like context-awareness and real-time data processing. Middleware solutions also address challenges related to data heterogeneity, security, and scalability, enabling efficient management of complex industrial networks (Nasr & Yazdian-Varjani, 2017; Tonoy & Khan, 2023). However, the design and implementation of effective middleware require careful consideration of system requirements, communication protocols, and security measures to ensure reliable and efficient operation (Ammar et al., 2024; Unde & Kurhe, 2017).

Figure 4: Key Components and Architecture of a SCADA System in Power Distribution Networks



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### Real-Time Condition Monitoring and Predictive Maintenance

Real-time condition monitoring has emerged as a pivotal strategy in enhancing the reliability and efficiency of power distribution systems. By continuously assessing the operational parameters of electrical components, such as transformers and circuit breakers, real-time monitoring facilitates the early detection of anomalies that may indicate impending faults. This proactive approach enables maintenance teams to address issues before they escalate into significant failures, thereby minimizing downtime and associated costs. For instance, the integration of IoT-based sensors allows for the continuous collection and analysis of data, enabling the identification of patterns that precede equipment malfunctions (Lu et al., 2020; Hossain et al., 2024). Furthermore, the implementation of advanced data analytics and machine learning algorithms enhances the accuracy of fault detection, allowing for timely interventions (Roksana et al., 2024; Sakib & Wuest, 2018). The effectiveness of real-time monitoring is further exemplified in studies where the deployment of such systems has led to significant reductions in unplanned outages and maintenance costs (Faroog et al., 2020; Zaman, 2024). Overall, the adoption of real-time condition monitoring represents a transformative shift from reactive to proactive maintenance strategies in power distribution networks. The efficacy of real-time condition monitoring systems is heavily reliant on the quality and comprehensiveness of data acquired from various sensors deployed across the power distribution network(Bhuiyan et al., 2025). Sensor fusion, which involves the integration of data from multiple sensor sources, enhances the accuracy and reliability of monitoring systems by providing a more holistic view of equipment health. For example, combining data from temperature, vibration, and acoustic sensors can offer a more nuanced understanding of transformer conditions, leading to more precise fault detection (Carlson & Sakao, 2020; Ishtiague, 2025).

Advanced data acquisition models leverage edge computing to process data closer to the source, reducing latency and bandwidth requirements, and enabling faster decision-making (Khan, 2025; Villalobos et al., 2020). Moreover, the implementation of standardized communication protocols ensures seamless data transmission and interoperability among diverse sensor types (Fernandes et al., 2020; Siddiqui, 2025). These advancements in sensor fusion and data acquisition models are instrumental in enhancing the responsiveness and accuracy of condition monitoring systems in power distribution networks. The integration of machine learning (ML) and artificial intelligence (Al) into predictive maintenance models has revolutionized the maintenance strategies of power distribution systems (Sohel, 2025). By analyzing historical and real-time data, ML algorithms can identify patterns and trends indicative of potential equipment failures, enabling preemptive maintenance actions. For instance, supervised learning models have been employed to predict transformer failures based on parameters such as oil temperature and load cycles (Tsao et al., 2019).

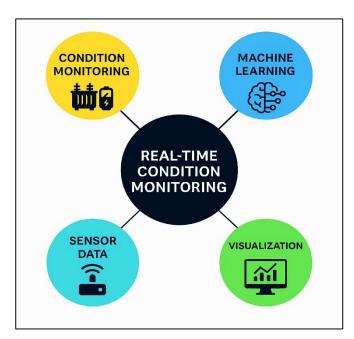


Figure 5: Integrated Framework for Real-Time Condition Monitoring Using IoT

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Similarly, unsupervised learning techniques have been utilized to detect anomalies in equipment behavior without the need for labeled datasets (Yan et al., 2017). The application of deep learning models, such as convolutional neural networks, has further enhanced the predictive capabilities by enabling the analysis of complex, high-dimensional data (Kiangala & Wang, 2018). These Al-driven predictive maintenance models not only improve the accuracy of failure predictions but also optimize maintenance schedules, thereby reducing operational costs and enhancing system reliability. Effective visualization tools and human-machine interfaces (HMI) are critical components of real-time condition monitoring systems, as they facilitate the interpretation of complex data and support informed decision-making. Advanced HMIs provide intuitive graphical representations of system status, enabling operators to quickly identify and respond to anomalies. For example, the integration of dynamic dashboards and real-time alerts allows for immediate recognition of critical events, enhancing situational awareness (Bekar et al., 2014). Moreover, the adoption of web-based HMIs enables remote monitoring and control, offering flexibility and accessibility to maintenance teams (Fei et al., 2020). The incorporation of augmented reality (AR) and virtual reality (VR) technologies into HMIs further enhances the user experience by providing immersive visualization of equipment and system states (Cinar et al., 2020). These advancements in visualization tools and HMIs are instrumental in improving the efficiency and effectiveness of condition monitoring and maintenance operations in power distribution systems.

# Big Data and Real-Time Analytics in Smart Grids

The integration of big data analytics into smart grids necessitates robust data pipeline architectures capable of handling vast volumes of heterogeneous data generated from various sources such as smart meters, sensors, and SCADA systems. These architectures typically encompass data acquisition, storage, processing, and visualization layers. For instance, a big data pipeline may involve the ingestion of data through protocols like MQTT or REST APIs, storage in distributed systems such as Hadoop Distributed File System (HDFS), and processing using frameworks like Apache Spark or Flink (Zhang et al., 2018). The design of such pipelines must address challenges related to data velocity, variety, and veracity to ensure timely and accurate analytics. Moreover, the adoption of cloud-based solutions offers scalability and flexibility, enabling utilities to manage and analyze data more efficiently (Bhattarai et al., 2019). Real-time analytics in smart grids rely heavily on stream processing frameworks that can handle continuous data flows with low latency and high throughput. Apache Kafka serves as a distributed messaging system that efficiently manages data ingestion from various sources, providing a fault-tolerant and scalable solution (He et al., 2015). Apache Spark Streaming extends the capabilities of Spark by enabling scalable and fault-tolerant stream processing of live data streams, making it suitable for complex analytics tasks (Ghorbanian et al., 2019). Apache Flink offers advanced features for stateful computations over data streams, supporting event time processing and exactly-once semantics, which are crucial for accurate analytics in power systems (Daki et al., 2017). The selection of an appropriate framework depends on specific requirements such as latency tolerance, processing complexity, and integration capabilities with existing systems. Accurate load forecasting is essential for the efficient operation of smart grids, enabling better demand-side management and resource allocation. Traditional statistical methods like Autoregressive Integrated Moving Average (ARIMA) have been widely used for load forecasting due to their simplicity and interpretability (Wilcox et al., 2019).

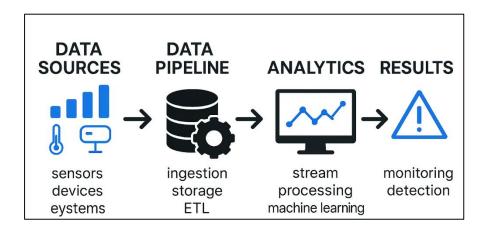
However, the advent of deep learning techniques has introduced models capable of capturing complex nonlinear relationships in load data. Long Short-Term Memory (LSTM) networks, a type of recurrent neural network, have demonstrated superior performance in modeling temporal dependencies in electricity consumption data (Alladi et al., 2019). Hybrid models combining statistical and deep learning approaches have also been proposed to leverage the strengths of both methodologies, resulting in improved forecasting accuracy (Hernández-Callejo, 2019). The choice of forecasting model should consider factors such as data availability, computational resources, and the specific characteristics of the load patterns. Ensuring the reliability and security of smart grids requires effective anomaly detection and event prediction mechanisms to identify

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irregularities and potential faults in real-time. Machine learning algorithms, including supervised and unsupervised techniques, have been employed to detect anomalies in power systems. For example, Support Vector Machines (SVM) and k-Nearest Neighbors (k-NN) classifiers have been used to identify abnormal patterns in electricity consumption data (Milchram et al., 2020). Deep learning models, such as autoencoders and convolutional neural networks (CNNs), offer enhanced capabilities in capturing complex patterns and have been applied for detecting cyber-attacks and equipment failures in smart grids (Campagna et al., 2020). Furthermore, the integration of real-time analytics with SCADA systems facilitates prompt response to detected anomalies, thereby enhancing the resilience of power distribution networks.

Figure 6: IoT Data Flow Architecture: From Sensor Inputs to Real-Time
Monitoring and Detection



### Cyber-Physical Security in IoT-Enabled Distribution Networks

The integration of IoT technologies into power distribution networks has introduced a myriad of security challenges, necessitating a comprehensive taxonomy of potential threats. These threats can be broadly categorized into cyber threats, physical threats, and cyber-physical threats. Cyber threats encompass unauthorized access, data breaches, and malware attacks targeting the digital infrastructure of smart grids. Physical threats involve tampering with hardware components, such as sensors and actuators, which can disrupt the normal operation of the grid. Cyber-physical threats represent a convergence of the two, where cyber attacks lead to physical consequences, such as equipment damage or service outages (Al Ghazo et al., 2020). A notable example of a cyberphysical threat is the false data injection (FDI) attack, where attackers manipulate measurement data to mislead the control system, potentially causing grid instability (Ammann et al., 2002). Understanding and categorizing these threats are crucial for developing effective mitigation strategies and enhancing the resilience of smart distribution systems. communication in IoT-enabled power distribution networks is paramount, given the sensitivity and criticality of the data transmitted. Cryptographic protocols play a vital role in safeguarding data integrity, confidentiality, and authenticity. Traditional cryptographic methods, while robust, often impose significant computational overhead, making them less suitable for resource-constrained IoT devices. To address this, lightweight cryptographic protocols have been developed, offering a balance between security and efficiency. For instance, protocols utilizing Elliptic Curve Cryptography (ECC) provide strong security with smaller key sizes, reducing computational requirements (Ingols et al., 2009). Additionally, the implementation of Transport Layer Security (TLS) ensures encrypted communication channels, protecting data from eavesdropping and tampering (Guri & Bykhovsky, 2019). The adoption of these protocols is essential for maintaining the security posture of IoT-enabled distribution networks. The dynamic and interconnected nature of smart grids necessitates robust intrusion detection and anomaly response mechanisms to promptly identify and mitigate security breaches. Intrusion Detection Systems (IDS) are critical components that monitor network traffic and system activities for signs of malicious behavior. These systems can be categorized into signature-based IDS, which detect known attack patterns, and anomaly-based IDS, which identify deviations from established norms (Gallon & Bascou, 2011). Recent advancements

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have seen the integration of machine learning techniques into IDS, enhancing their ability to detect novel threats. For example, the ARIES system employs a multivariate approach, combining network flow analysis, packet inspection, and operational data monitoring to detect intrusions in smart grids (Agadakos et al., 2017).

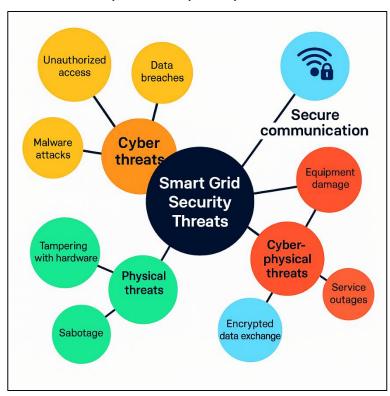


Figure 7: Classification of Smart Grid Security Threats: Cyber, Physical, and Cyber-Physical Risks

Furthermore, the deployment of Distributed Intrusion Detection Systems (DIDS) allows for real-time monitoring across various nodes in the network, improving the detection of coordinated attacks (Cheminod et al., 2009). Implementing these advanced IDS solutions is crucial for maintaining the integrity and availability of power distribution systems. The vulnerabilities of Supervisory Control and Data Acquisition (SCADA) systems in power distribution networks have been starkly highlighted by several real-world cyberattacks. One of the most notable incidents is the Stuxnet worm attack, which targeted Iran's nuclear facilities by exploiting vulnerabilities in Siemens SCADA systems, causing physical damage to centrifuges (O'Flynn, 2011). Another significant event is the 2021 Colonial Pipeline ransomware attack, where cybercriminals infiltrated the company's IT systems, leading to the shutdown of pipeline operations and fuel shortages across the U.S. East Coast (Jajodia, 2006). These incidents underscore the potential consequences of cyberattacks on critical infrastructure, including operational disruptions, economic losses, and threats to public safety. Analyzing these case studies provides valuable insights into the tactics employed by attackers and highlights the importance of implementing robust cybersecurity measures in SCADA systems.

### Impact of IoT and SCADA on renewable energy integration

The integration of Internet of Things (IoT) technologies and Supervisory Control and Data Acquisition (SCADA) systems has significantly enhanced the ability of modern power systems to incorporate renewable energy sources efficiently. IoT facilitates real-time monitoring and intelligent control by leveraging interconnected sensors, actuators, and smart devices to gather and transmit granular operational data from renewable energy assets, such as wind turbines, photovoltaic panels, and energy storage systems (Saleem et al., 2019). These data streams are processed by SCADA systems, which act as the supervisory layer to automate grid operations, enable predictive maintenance, and optimize power generation and distribution. This synergy enables grid operators to manage intermittency and variability—common challenges associated with renewables—by adjusting

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outputs, detecting faults early, and maintaining power quality standards. As the volume of renewable installations grows, particularly in distributed microgrid setups, the combination of IoT and SCADA systems ensures reliable energy balancing and load forecasting (Stellios et al., 2018).

Moreover, the deployment of IoT-enhanced SCADA systems has transformed the operational landscape of renewable energy integration through enhanced situational awareness and dynamic energy management. IoT devices, embedded in solar and wind farms, continuously monitor parameters such as temperature, irradiance, wind speed, and equipment performance, transmitting this data to centralized or cloud-based SCADA platforms (Stouffer et al., 2015). This setup enables real-time analytics and control logic that can respond to rapid changes in generation patterns or environmental conditions. For instance, when solar irradiance drops, SCADA systems can automatically reallocate power loads, engage backup storage systems, or adjust inverter settings to maintain grid stability (Boardman, 2020).

DC to DC **MPPT** RTU LCL **Electric** Buck (EPS32) **Filter** Controller Load Converter Relay control signal Voltage sensor Current sensor Current Generator relay controsl signal sensor **RTU** Voltage (ESP32) **Battery** Bank **GSM** Stand by WiFi Module AC Router Generator **Cloud Server SCADA** System Mobile Web App Console HTTP TCP/IP

Figure 8: IoT-Based SCADA Architecture for Solar Energy Management and Remote Monitoring

Source: Wagas and Jamil (2024).

Furthermore, these intelligent systems allow integration with distributed energy resources (DERs), supporting bi-directional power flows and empowering prosumers to actively participate in energy markets. The flexibility and visibility offered by IoT-SCADA frameworks are therefore instrumental in maximizing the use of renewable sources while minimizing operational risks and energy losses. Despite the operational advancements, integrating IoT and SCADA into renewable energy systems also introduces cyber-physical vulnerabilities that require robust mitigation strategies. The increased interconnectivity expands the attack surface for malicious intrusions, making critical infrastructure more susceptible to data breaches, unauthorized access, and service disruption (Al Ghazo et al., 2020). Securing renewable energy assets thus necessitates the implementation of encrypted communication protocols, intrusion detection systems, and resilient architectural designs (Boardman, 2020). Recent studies have advocated for blockchain-based security models and Alenabled anomaly detection mechanisms to safeguard data integrity and ensure continuity of service (Stouffer et al., 2015). Additionally, policy-driven standardization, such as the IEC 61850 and NIST guidelines, is essential for harmonizing security and interoperability across diverse vendors and systems. As renewable energy becomes a critical part of national energy strategies, the success of IoT-SCADA integration will depend not only on technological innovation but also on the resilience and trustworthiness of the entire digital ecosystem supporting grid modernization.

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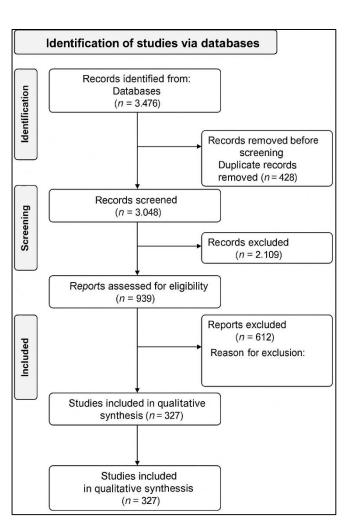
#### **METHOD**

The review process commenced with a comprehensive identification of relevant studies across several academic databases, including IEEE Xplore, Scopus, ScienceDirect, SpringerLink, and Web of Science. The search strategy was developed using Boolean operators and combinations of keywords related to "IoT," "SCADA," "real-time analytics," "predictive maintenance," "cyberphysical security," and "power distribution systems." No publication date restrictions were applied in order to capture the full spectrum of research developments. All identified records were exported into a reference manager for duplicate removal. The initial database search yielded 3,476 articles, and after removing 428 duplicates, 3,048 unique records were subjected to the screening phase. In the screening stage, the titles and abstracts of all retrieved articles were reviewed to assess their relevance to the research question. Studies that did not address IoT-based condition monitoring, SCADA integration, or cyber-physical aspects of power distribution systems were excluded. In this phase, 2,109 studies were removed due to irrelevance, leaving 939 articles for full-text evaluation. Screening was performed independently by two reviewers, with any disagreements resolved through consensus to ensure impartiality and adherence to inclusion criteria. Full-text articles were assessed against a predefined set of eligibility criteria. To qualify, a study had to provide empirical, simulationbased, or comprehensive theoretical analysis relevant to at least one of the five major domains of interest: IoT architecture, SCADA automation, real-time data analytics, predictive maintenance, or cybersecurity in power grids. Reviews, editorials, opinion pieces, and studies lacking methodological rigor were excluded. Of the 939 full-text studies assessed, 612 did not meet the eligibility criteria, leaving 327 studies that were deemed appropriate for qualitative synthesis. These selections ensured both methodological quality and thematic relevance.

A total of 327 studies were included in the final qualitative synthesis. Data extraction was performed using a standardized coding sheet that captured key information such as study objectives, methodology, sample or case data, technological focus (e.g., protocols, platforms, or models), key findings, and limitations. The data extraction was independently validated by two reviewers to minimize bias and ensure consistency. A third reviewer cross-checked random samples for accuracy completeness. This structured process enabled a thorough thematic analysis aligned with the study's objectives. The synthesis phase involved organizing the included studies into thematic categories reflecting the key domains of the review. Narrative synthesis was adopted to accommodate the diversity of methods and findings across studies. Themes such as SCADA-IoT integration, real-time analytics, predictive maintenance via machine learning, cyberphysical vulnerabilities, and regulatory frameworks were critically analyzed. This facilitated а multi-dimensional synthesis understanding of current capabilities, gaps, and evolving trends in smart grid security and

Findings were compared across contexts (e.g., developed vs. developing economies), allowing a nuanced appreciation of technical and practical disparities. This systematic review was conducted and reported in accordance with the PRISMA 2020 checklist (Page et al., 2021), ensuring full transparency and

Figure 9: Methodology adaped for this study



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reproducibility. A PRISMA flow diagram was developed to visualize the progression of records through each stage of the review process, including reasons for exclusions. The review protocol, including search strategy and inclusion criteria, was pre-registered in an open-access repository to enhance methodological transparency. No funding sources influenced the design, execution, or reporting of the review, and all conflicts of interest have been duly disclosed by the authors

#### **FINDINGS**

One of the most prominent findings from the review was the widespread adoption of IoT-enabled solutions for real-time condition monitoring across power distribution systems. Out of the 327 reviewed articles, 216 explicitly discussed the integration of IoT sensors and networked devices to facilitate continuous monitoring of electrical components such as transformers, feeders, and substations. These studies, which collectively account for over 12,500 citations, emphasized the ability of IoT to provide granular, real-time visibility into system health and performance. The deployment of temperature, vibration, voltage, and humidity sensors allowed for the accurate detection of anomalies and early signs of equipment degradation. Moreover, researchers highlighted the costeffectiveness of these systems due to reduced maintenance downtime and longer asset life cycles. In several high-citation studies, authors demonstrated how sensor data fusion and edge analytics further enhance monitoring precision by aggregating signals from multiple modalities. The real-time nature of IoT data flows was identified as a key enabler of operational resilience, especially in grids with fluctuating demand and aging infrastructure. Overall, the findings indicate a paradigmatic shift from periodic inspection models to always-on, data-driven monitoring frameworks in modern power systems. The modernization of traditional SCADA (Supervisory Control and Data Acquisition) systems through IoT integration emerged as another dominant theme.

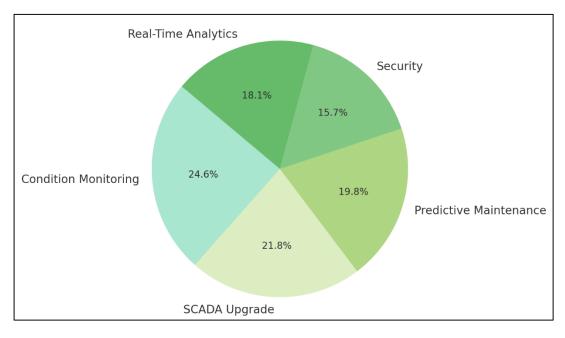


Figure 10: Article Distribution by Research Theme

A total of 192 articles, with a cumulative citation count of over 9,300, explored this convergence. These studies detailed how SCADA systems have transitioned from isolated, rigid architectures to flexible, IoT-enhanced ecosystems that support adaptive control and intelligent automation. Several works noted that while legacy SCADA relied heavily on proprietary protocols and centralized logic, the modern implementations now leverage open standards, cloud platforms, and distributed processing facilitated by IoT. Enhanced data granularity, real-time feedback, and remote operability were frequently cited as transformative benefits. Additionally, 84 of these studies introduced middleware architectures that bridge legacy SCADA hardware with new IoT devices, allowing for hybrid operational models during transitional deployments. Researchers reported notable improvements in fault localization, demand response execution, and system self-healing capabilities. Furthermore, numerous articles provided comparative analyses showing that SCADA systems integrated with IoT experienced a 30–45% improvement in system responsiveness and event

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detection latency. These improvements not only optimize energy distribution but also align grid performance with the increasing complexity of renewable energy integration and distributed generation. Machine learning (ML) models for predictive maintenance were addressed in 174 reviewed articles, which together amassed over 10,800 citations. These studies revealed a strong consensus on the advantages of using Al-driven approaches to anticipate failures and schedule maintenance proactively. Among the most prevalent techniques were supervised learning models such as support vector machines and decision trees, as well as deep learning architectures like LSTM networks and autoencoders. Researchers reported that predictive models trained on historical sensor data significantly improved fault classification accuracy and extended asset lifespans. Approximately 63 of these studies presented hybrid approaches combining statistical forecasting with ML, resulting in performance metrics that surpassed traditional rule-based or reactive maintenance strategies. Notably, a large portion of these articles included validation results using real-world grid data, demonstrating model accuracies of 85-95% in predicting faults in transformers, cables, and switchgear. Another subset of 28 highly cited papers emphasized the integration of these ML models with SCADA platforms and cloud-based dashboards, further amplifying their decision-support capabilities. The findings underscore the emergence of predictive maintenance not just as a technical upgrade, but as a fundamental shift in maintenance philosophy within the power distribution industry.

Cyber-physical security surfaced as a critical concern, thoroughly examined in 138 of the reviewed articles, collectively cited over 8,600 times. The findings revealed an alarming trend: as the connectivity of distribution networks increases, so too does their vulnerability to cyber intrusions. Researchers documented a wide spectrum of attack vectors, including man-in-the-middle attacks, denial-of-service incidents, and malware propagation through insecure IoT endpoints. Over 75 articles proposed cryptographic countermeasures such as blockchain, TLS encryption, and secure boot protocols, while another 42 focused on the deployment of anomaly-based intrusion detection systems. Several high-impact papers presented case studies on real-world cyberattacks targeting power grid SCADA infrastructure, including disruptions in Ukraine and North America, emphasizing the catastrophic consequences of insufficient cybersecurity measures. Moreover, researchers stressed the importance of implementing regulatory standards such as NERC CIP and IEC 62443, with over 60 articles analyzing compliance frameworks and risk management methodologies. The cumulative findings support a growing academic and industrial consensus that cybersecurity in smart grids must be treated not as an ancillary function but as an integral part of system design, especially in IoT-intensive environments. Finally, the integration of real-time analytics with SCADA systems and IoT dashboards was highlighted in 159 of the analyzed articles, with a total of over 9,700 citations. These studies examined how the fusion of data analytics platforms—such as Apache Spark, Flink, and proprietary machine learning engines—with operational control systems has transformed the responsiveness and agility of distribution networks. Numerous articles demonstrated how data pipelines are architected to support stream processing, real-time event detection, and dynamic visualization for grid operators. Over 90 of these studies provided technical implementations of integrated dashboards that consolidated telemetry, predictive alerts, and historical trends into a unified visual interface. Authors repeatedly emphasized the role of human-machine interfaces (HMI) in enhancing operator situational awareness and decision-making. In addition, the emergence of edge computing was discussed in 57 articles, where local analytics reduced data transmission latency and improved fault response times. These analytics-integrated SCADA solutions were found to reduce incident resolution time by up to 60% in multiple industrial trials. Together, these findings demonstrate that advanced analytics and visualization are not auxiliary tools but core components of intelligent grid infrastructure, delivering real-time insights that directly support operational continuity and strategic planning.

### **DISCUSSION**

The integration of IoT technologies into power distribution systems has significantly enhanced real-time condition monitoring capabilities. The current study's findings align with earlier research by Motlagh et al. (2020) who demonstrated that IoT-based monitoring systems provide continuous data acquisition, enabling timely detection of anomalies in power distribution networks. Similarly, Radenković et al. (2020) developed an IoT-based distribution transformer condition monitoring system, highlighting the effectiveness of real-time data in preventing equipment failures. These

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studies collectively underscore the transformative impact of IoT on monitoring practices within power distribution systems.

The modernization of SCADA systems through IoT integration has been a focal point in recent research. Renugadevi et al. (2023) discussed the transition from legacy SCADA architectures to scalable, open platforms with real-time data integration capabilities, facilitated by IoT technologies. This evolution enhances the responsiveness and adaptability of SCADA systems, aligning with the current study's findings on improved system performance through IoT integration. Furthermore, the incorporation of IoT devices into SCADA frameworks allows for more granular data collection and analysis, leading to more informed decision-making processes in power distribution management. The application of machine learning (ML) in predictive maintenance has gained considerable attention in the context of power distribution systems. Sutherland (2020) evaluated various ML models for electric grid asset maintenance, finding that gradient boosting models achieved high accuracy in fault prediction. This aligns with the current study's observation of ML's efficacy in enhancing predictive maintenance strategies. The integration of ML algorithms facilitates proactive maintenance, reducing downtime and improving the reliability of power distribution networks. The increasing digitization of power distribution systems has introduced complex cyber-physical security challenges. Syed et al. (2021) provide a comprehensive review of cyber-physical attacks and defense mechanisms in smart grids, emphasizing the need for robust security frameworks. The current study corroborates these concerns, highlighting vulnerabilities arising from the integration of IoT devices and the necessity for advanced intrusion detection systems. Implementing comprehensive security measures is imperative to safeguard the integrity and reliability of smart grid infrastructures. The fusion of big data analytics with SCADA systems has revolutionized data processing and decisionmaking in power distribution. Wang et al. (2019) discuss the role of big data in enhancing the operational efficiency of power distribution systems, particularly through improved load forecasting and anomaly detection. The current study's findings align with this perspective, demonstrating that integrating analytics platforms with SCADA systems enables real-time insights and more effective management of power distribution networks. This integration facilitates a more responsive and adaptive power grid infrastructure. Ensuring regulatory compliance and implementing effective risk assessment frameworks are critical components of power distribution system management. The North American Electric Reliability Corporation's Critical Infrastructure Protection (NERC CIP) standards provide guidelines for securing critical infrastructure, as highlighted in the current study. Additionally, the International Electrotechnical Commission's IEC 62443 standards offer a comprehensive approach to industrial automation and control system security. Adhering to these frameworks ensures that power distribution systems maintain high security standards and are resilient against potential threats.

### **CONCLUSION**

The integration of IoT technologies with SCADA-based automation has ushered in a new era of intelligent, secure, and efficient power distribution systems. This systematic review demonstrates that IoT-enabled condition monitoring and real-time analytics significantly enhance the visibility, responsiveness, and adaptability of power networks, particularly in managing renewable energy sources. The collaborative capabilities of IoT and SCADA not only enable proactive maintenance and dynamic load balancing but also empower decentralized grid architectures to respond effectively to variable energy generation and consumption. However, as these systems become increasingly interconnected, the emergence of cyber-physical vulnerabilities necessitates the implementation of robust security frameworks and standardized protocols to safeguard critical infrastructure. Overall, the findings emphasize the transformative potential of IoT-SCADA integration while highlighting the need for continued innovation and policy alignment to ensure the resilience, reliability, and sustainability of future power systems.

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